

## Thank you to our Sponsors



Fawcett Memorial Hospital

*Our Family Caring For Yours*

Bicycle Center

Nutri Shop

Dr. David Rice

El Jobean Motorcoach Resort

### Additional Information

- For host hotel accommodations, please visit [www.thewyvernhotel.com](http://www.thewyvernhotel.com) or call 941.639.7700 and mention race for discount, limited rooms available.
- For information on the Triathlon Training Program, please call 941.629.9622.
- ALL USAT RULES AND REGULATIONS APPLY!
- All participants must be members of USAT.
- \$10 will be charged to all non USAT members at all registration locations for one day fee.
- USAT 1-day forms can be downloaded at [www.usatriathlon.org](http://www.usatriathlon.org).
- Must show USAT card and PHOTO ID at registration – no exceptions.

*Distributed by Charlotte County Government.*

2012



# Triathlon

**Sunday, April 1, 2012**

**Swim 400 Yards in Pool**

**Bike 16 Miles**

**Run 5K**

**South County Regional Park  
Punta Gorda, Florida**



**Presented by:**

Charlotte County Community  
Services  
and

Charlotte County Family YMCA



## 2012 Tri-Charlotte County Triathlon

**Sunday, April 1, 2012**

6:00 a.m. Packet Pick up/Registration  
7:25 a.m. Palm Sunday Service  
7:45 a.m. Pre-race Instruction  
8:00 a.m. First Wave

### Location

South County Regional Park  
670 Cooper Street, Punta Gorda, FL

### Registration

- Online at [www.active.com](http://www.active.com)
- By mail to Franz Ross Park YMCA, Attn: Tracy Morgan, 19333 Quesada Ave, Port Charlotte, FL 33948 (Call to confirm receipt by 3/18/12)

### Race Director

Paul Versnik  
941.629.0909  
[pversnik@charlottecountyyymca.com](mailto:pversnik@charlottecountyyymca.com)

### Awards

5 deep in the following categories:  
Age Group Divisions: (male & female) 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49...80+  
Relay Division: Teams of two or three people with one person performing in each stage of the race.  
Clydesdale/Athena: Men 200+ pounds, Women 150+ pounds. Age groups: 39 & under and 40 & over

### Amenities

T-shirt, awards & prizes, live music, goodie bags, Champion Chip Timing by Alta Vista Sports ([www.altavistasports.com](http://www.altavistasports.com)), pre-race breakfast, post race picnic with food & drink for sale by the Y's Men's Club of Charlotte County. Pre-race packet pick-up and pasta dinner on Saturday at Trattoria Limoncello, 10361 Tamiami Trail, Punta Gorda, 941.638.6500. See registration form to RSVP.

### Course

400 yd. swim is at South County Regional Park Pool (need your estimated swim time)  
16 mile bike flat route with some 5K run in South County Regional Park.

## Signed Waiver Must Accompany All Registrations

In consideration for my being accepted, I intend to be legally bound and do hereby for myself, heirs, executors and administrators release and relinquish all rights and claims for damages which I may have or which may hereinafter accrue to against the Charlotte County Family YMCA & Charlotte County Community Services, their directors, officers, agents, members, volunteers, successors, assigns, and all their sponsors and supporters for any and all damages or injuries which may be sustained and suffered by me in consideration with my association with or entry or participation in an event itself. I also covenant with the aforementioned persons for any activity, including the negligence of such persons and entities. I certify that I have represented by my application for entry that my physical condition and training for this event is adequate to participate safely in the event and I acknowledge that I am familiar with the distances, rigors and the risk of the event involved. If I should suffer injury or illness, I authorize any official of the event to use their discretion to have me transported to a medical facility and I take full responsibility for this action. I hereby agree that in the event of a race cancellation due to storm, rain, wind, inclement weather or other "Acts of God", my registration fee shall not be refunded. I grant full permission to any and all use of any photographs, motion pictures, videotapes, recordings or any other record of this event for any purpose including commercial use.

Signature: \_\_\_\_\_  
(Parent Signature if under 18 years old)

Date: \_\_\_\_\_

USAT #: \_\_\_\_\_

If you are not a USAT member, or your membership has expired, you will need to pay a \$10 USAT one-day fee on race day.

ALL ATHLETES MUST SHOW PHOTO ID TO ALL REGISTRATION POINTS, NO EXCEPTIONS.

### Entry Fee

Register	Individual	Relay
Before 3/1/12	\$50	\$100
3/2/12 – 3/25/12	\$60	\$120
3/26/12 – 4/1/12	\$70	\$140

## Registration Form (PLEASE PRINT)

### Division

\_\_\_Age Group \_\_\_Clydesdale/Athena \_\_\_Team

\_\_\_\_\_ Must include a team name.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Male: \_\_\_\_\_ Female: \_\_\_\_\_

Date of Birth: \_\_\_/\_\_\_/\_\_\_ Age on 12/31/12: \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

(Critical to receive race updates prior to event.)

T-Shirt Size: Small Medium Large XL XXL

(Circle one)

Estimated 400 yard Swim Time: \_\_\_\_\_

(Must be as accurate as possible)

Is this your first triathlon?: \_\_\_\_\_

Payment Method:

Check# \_\_\_\_\_ Cash \_\_\_\_\_

(Checks Payable to: Charlotte County Family YMCA)

VISA \_\_\_\_\_ Mastercard \_\_\_\_\_

Card #: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

Signature: \_\_\_\_\_

### Pasta Dinner RSVP

# Free \_\_\_ # Purchasing \_\_\_

Pre-Race Pasta Dinner at Trattoria Limoncello on Saturday, March 31 from 2 p.m. to 5p.m.

RSVP's required with registration.

Athletes eat FREE,

guests may purchase meals for \$9.95 at the door but must be included in the RSVP.